



## Hoofbeats Therapeutic Riding Center, Inc.

P.O. Box 979, Lexington, VA 24450

Ph: (540) 464-3337

e-mail: [info@hoof-beats.com](mailto:info@hoof-beats.com)

Website: [www.hoof-beats.com](http://www.hoof-beats.com)



### May 2020

*Letter from the Program Director with important information for all program participants*

Dear Parents, Guardians, Riders, and Prospective Clients of Hoofbeats:

Our season for 2020 comes with quite a few new challenges! Due to the concerns for COVID-19, lessons will necessarily be more spread out and we will be accepting students gradually as restrictions ease locally and nationally. Hoofbeats operates under P.A.T.H. International guidelines. Group lessons are not available at this time in our efforts to keep contact numbers at a minimum. All lessons will be private or semi-private as circumstances allow.

There is a new form for 2020 that addresses the COVID-19 issue. Please read it carefully and discuss any questions or concerns with your instructor.

**HOURS OF OPERATION:** As in prior years, lessons will be offered Tuesday – Saturday. Hoofbeats is CLOSED on Sundays and Mondays. Note as well that NO LESSONS will be scheduled on special event days, or on the day before a major event. Hours for lessons are generally 10:00 a.m. to 5:30 p.m. (please note that Hoofbeats cannot operate after dark, and afternoon lessons during the fall session must be scheduled with that in mind.)

**LESSON POLICIES:** Clients should report to the barn for their lessons each week, according to the schedule agreed upon with the instructor. Lessons will be held even in mildly inclement weather; report for your lesson unless you hear to the contrary or feel free to call and check with Carol at 461-1512. If for any reason Carol or Maria elect to cancel a lesson, they will contact you to reschedule your ride. Please note: in the event that you decide to cancel a lesson, that lesson may be forfeited. We serve so many students; our schedule is extremely tight. Please note as well that Hoofbeats cannot reimburse clients for lost lesson time. Lesson fees are calculated to cover the cost of maintaining our horses for the season; the horses still eat, whether students come to ride or not.

**ESPECIALLY FOR NEW CLIENTS (but also for returning clients whose condition has altered):**

Perspective clients are encouraged to contact the Program Director and Head Instructor, Carol Branscome, at the Hoofbeats office (540-464-3337) to arrange an interview, and a tour of the facilities. The interview allows Carol to present the program, explain staff qualifications, introduce our “equine staff,” and thoroughly answer any questions. It also provides Carol the opportunity to formulate a preliminary assessment of the student’s needs, to discuss mutually agreeable options for the lesson schedule, and to explain the required fees. Depending on the type of disability and/or degree of impairment, Carol may feel it important to obtain input from doctors, teachers, and/or therapists, in order to establish realistic goals and lesson plans that will best meet the client’s needs. It is for these reasons that clients are encouraged to contact Hoofbeats well ahead of the start of the riding season. An early start also allows the formal registration process (especially the filling out of required forms, and payment of fees), to be completed in a timely manner, prior to the scheduling of lessons.



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### **IMPORTANT FOR EVERYONE:**

**No clients, new or returning, will be scheduled to ride until all required paperwork, and checks covering payment of fees, have been received by the Hoofbeats Business Manager** (see list of required forms below, and the attached fee schedule, and check with the Hoofbeats office if you have any questions.)

**Reminder to our *returning* clients and volunteers:** Hoofbeats requires submission of new registration forms ANNUALLY. The required forms must be completed in full and signed and dated appropriately in all designated places. Once again, returning riders will not be scheduled for lessons, and volunteers will not be scheduled to work, until all completed paperwork for the current season has been received by the Hoofbeats Business Manager.

You can obtain your forms by:

- calling the Hoofbeats office at 540-464-3337 and arranging to pick them up, or to have them mailed to you, or
- Going online to the Hoofbeats website ([www.hoof-beats.com](http://www.hoof-beats.com)) and clicking on “Forms.” The forms, in PDF format, can be downloaded for your use.

**REQUIRED FORMS:** ALL RIDERS must complete the following:

Form no. 1: Participant Registration and Media Release; Form no. 2: Liability and Hold Harmless Agreement; Form no. 3: Authorization for Emergency Medical Treatment ; Form no. 4: Medical History: Physician (to be completed by client’s primary care physician) We realize that there may be delays in receiving Form #4 however this is a mandatory form that Hoofbeats must have as soon as possible. ; Form no. 5: Consent for Release of Information; **NEW Form no. 7: Communicable Disease Informed Consent** (the old form no 7 is no longer required). Hoofbeats may also request that clients submit Form no. 6: Medical History: Therapist.

**ALL VOLUNTEERS (NEW AND RETURNING)** must complete the following forms: Form no. 9: Volunteer/Staff Info; Form no. 2; Liability and Hold Harmless Agreement; Form no. 3: Authorization for Emergency Medical Treatment; and Form no. 7: Communicable Disease Informed Consent. Each year every volunteer **MUST** also arrange to attend an orientation and training session. Be sure to check with Hoofbeats for this year’s volunteer training schedule.

**ADDITIONAL INFORMATION ABOUT FORMS:** Be sure to note that the Medical History forms for Physician and for Therapist, nos. 4 and 6 respectively, are to be filled out by the client’s medical professionals or educators. It will be the client’s responsibility to provide the appropriate medical or educational professionals with these forms in a timely manner. The forms must be back to Hoofbeats preferably before the client’s first lesson can be scheduled. Note also that Form no. 5, the Consent for Release of Information, is the document that allows our instructors to consult with those therapists, teachers or counselors that you have indicated could provide Hoofbeats with valuable input on your behalf. On the blanks the form provides, fill in the name of each professional, his or her field (e.g. M.D., P.T., O.T., Spec. Ed., etc.), and the contact information (address and phone.) Be sure to sign and return the form to Hoofbeats promptly, so our instructors can proceed to contact those professionals. **Be assured that all forms required by Hoofbeats are considered highly confidential**, are kept in files accessed only by our staff, and are consulted solely on a “need-to-know” basis. Hoofbeats operates in the same manner as any professional therapist. **PLEASE BE ADVISED THAT THERE IS A NEW FORM THIS YEAR FORM NO 7 ADDRESSING COVID-19.**



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**KEEP HOOFBEATS INFORMED:** Throughout the year it is vitally important to appraise Hoofbeats of any changes in a client's condition that could impact his or her ability to ride safely. Changes in physical or mental condition, or changes in medications can have unfortunate consequences for a rider, potentially affecting balance, coordination, stamina, vision, or ability to hear well. Hoofbeats needs to know if a client has experienced an onset of episodic dizziness, headache, asthma, or abnormal blood pressure. An unexpected severe emotional upset in a client's life could lead to behavioral problems. It is the responsibility of the adult client, or the parent or guardian of a minor in our program, to keep Hoofbeats currently informed on any such issues.

**HOOFBEATS POLICIES AND BARN RULES:** All clients and volunteers will receive a copy of the Hoofbeats Policies and Barn Rules. These policies and barn rules are extremely important for the safety and wellbeing of all program participants and visitors. Read them over carefully and be sure to communicate them to anyone who may accompany you to the barn. **EVERYONE** will be expected to follow these rules and guidelines. PLEASE KEEP YOUR COPY FOR FUTURE REFERENCE.

**IN ADDITION,** Hoofbeats clients must be alert to the requirements of the facility. When driving to the Hoofbeats barn, please be mindful of the fact that there is often a great deal of activity (people, animals, vehicles) on the driveway. Drive the approach to the barn slowly and with special care, ever mindful that you could encounter people who are deaf or blind or who have mobility problems. Pedestrians, horses, dogs and cats and children have the right of way at all times. They may not move out of the way of your car. Please beep for assistance if this is the case and someone will come to help. Parking is at a premium and only allowed in designated areas. Please **DO NOT** park on the grass.

Last fall now seems a long time ago and we've missed everybody! We're looking forward to welcoming you back to another TERRIFIC year! All the Hoofbeats horses are looking forward to the extra attention and treats!

Sincerely,

Carol Branscome  
Program Director  
[carol@hoof-beats.com](mailto:carol@hoof-beats.com)



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### Fee Schedule for 2020 Lessons

**The fee for each 8-week riding session is \$240**

Hoofbeats requires lesson payment in full, in advance of each 8-week session. Checks should be made payable to “Hoofbeats,” and mailed to the above address, or brought to the Hoofbeats office during open hours. Please note: **The Hoofbeats Treasurer, Megan Hess, must have your payment in hand before your lessons will be scheduled.** Any request for an alternate payment arrangement must be addressed directly to Ms. Pennine, who can be reached as follows:

Hoofbeats office phone: (540) 464-3337

Email: [billing@hoof-beats.com](mailto:billing@hoof-beats.com)

Hoofbeats cannot guarantee the availability of scholarship assistance, but does periodically receive donations for scholarship use. The office maintains a scholarship waiting list, and recipients will be notified as soon as there are scholarship funds to award. Because of the expense of maintaining the Hoofbeats horses, it is impossible to offer fee waivers.

Hoofbeats is truly dedicated to its students, and will make every attempt to find a way for you and/or your children to participate in our program. Let us know how we can work with you.



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**Form 1 - Participant Registration and Media Release**

**\*\* Please note that horseback riding is contraindicated for some conditions/individuals, and Hoofbeats reserves the right to consider each application and deny services to individuals based upon concerns for the applicant's safety and/or the safety of the horses, volunteers, staff, or property owners, or for other reasons. Please refer to Hoofbeats' Policies and Barn Rules for guidelines. \*\***

Client Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Street/P.O. Box: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Parents or Guardian(s): \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Adult Caretaker, if any: \_\_\_\_\_ Phone: \_\_\_\_\_

School or institution presently attending: \_\_\_\_\_

In case of emergency contact: \_\_\_\_\_ Phone : \_\_\_\_\_

Or contact: \_\_\_\_\_ Phone: \_\_\_\_\_

**PHOTO/VIDEO/MEDIA RELEASE**

**Consent Choice (check one): DO: \_\_\_\_\_ DO NOT \_\_\_\_\_**

By my selection above, I do/do not consent to and authorize the use and reproduction by Hoofbeats Therapeutic Riding Center, Inc. of any and all photographs and any other audiovisual, videotape, or digital media materials taken of me/my child/my ward for promotional printed material, internet website, educational activities, exhibitions or for any other use for the benefit of Hoofbeats Therapeutic Riding Center, Inc., the Therapeutic Riding Association of Virginia (TRAV), or the Professional Association of Therapeutic Horsemanship International (PATH).

Date: \_\_\_\_\_ Signature of Participant: \_\_\_\_\_

Print Name of Participant: \_\_\_\_\_

*Parents or guardians with legal custody must sign IF participant is under eighteen (18) years of age or otherwise under a legal disability.*

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Print Name: \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Print Name: \_\_\_\_\_



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**Form 2 - Liability and Hold Harmless Agreement**

**HOOFBEATS THERAPEUTIC RIDING CENTER, INC. WAIVER AND NOTICE**

**Check One:**

**Student:** \_\_\_\_\_ **Volunteer:** \_\_\_\_\_ **Staff:** \_\_\_\_\_ **Board Member:** \_\_\_\_\_

I choose to participate in equestrian activities with Hoofbeats Therapeutic Riding Center, Inc. And in order to do so, I agree to the following waiver of liability:

I recognize that there are risks inherent in participating in any equine activity, including: 1) the propensity of an equine to behave in dangerous ways which may result in injury or death of the participant; 2) the inability to predict an equine's reaction to sound, movements, objects, persons, or animals; and 3) certain hazards such as surface or subsurface conditions.

The undersigned, on behalf of himself/herself (hereinafter himself) and all members of his immediate family and household, and his and their heirs, executors, administrators as assigns, (collectively, the "PARTICIPANT") does hereby forever release and discharge HOOFBEATS THERAPEUTIC RIDING CENTER, INC. and its members thereof, of any and all claims, demands, causes of reaction and liability of any nature, which may arise from or in connection with my participation in equestrian activities at HOOFBEATS THERAPEUTIC RIDING CENTER, INC.

The PARTICIPANT hereby agrees to waive and not to assert or bring action at law or in equity or otherwise any claim, demand, cause of action, or liability against HOOFBEATS THERAPEUTIC RIDING CENTER, INC. or its members.

Signature: \_\_\_\_\_

(Must be 18 years of age or older, legally responsible, or parent/guardian must sign)

Print name as shown above: \_\_\_\_\_

Participant's name (if applicable): \_\_\_\_\_

Date: \_\_\_\_\_

Street/P.O. Box: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_



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## Form 3 - Authorization for Emergency Medical Treatment

### Check One:

**Student:** \_\_\_\_\_ **Volunteer:** \_\_\_\_\_ **Staff:** \_\_\_\_\_ **Board Member:** \_\_\_\_\_

Name (of above): \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Preferred Medical Facility: \_\_\_\_\_

Physician's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Health Insurance Co.: \_\_\_\_\_ ID#: \_\_\_\_\_ Group #: \_\_\_\_\_

Health Insurance Co.: \_\_\_\_\_ ID#: \_\_\_\_\_ Group #: \_\_\_\_\_

### Emergency Contacts:

Name: \_\_\_\_\_ Relation: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Relation: \_\_\_\_\_ Phone: \_\_\_\_\_

Allergies to Medications: \_\_\_\_\_

Current Medications: \_\_\_\_\_

In the event emergency medical aid/treatment is required due to illness or injury during the process of receiving services, volunteering, or while being on the property of the agency, I hereby authorize **Hoofbeats Therapeutic Riding Center, Inc.** to:

1. Secure and retain medical treatment and transportation if needed.
2. Release client or volunteer records upon request to the authorized individual or agency involved in the emergency medical treatment.

### CONSENT PLAN (Parents/legal guardians must sign for children under 18, wards of the court, or is legally responsible)

This authorization includes x-ray, surgery, hospitalization, medication and any treatment procedure deemed "life-saving" by the physician. This provision will only be invoked if the person below is unable to be reached.

Date: \_\_\_\_\_ Consent Signature: \_\_\_\_\_

Print Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Address: \_\_\_\_\_

### NON-CONSENT PLAN

I do not give my consent for emergency medical treatment/aid in the case of illness or injury during the process of receiving services, volunteering, or while being on the property of the agency. In the event emergency aid/treatment is required, I wish the following procedures to take place:

Date: \_\_\_\_\_ Consent Signature: \_\_\_\_\_

Print Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Address: \_\_\_\_\_



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## Form 4 - PARTICIPANT'S MEDICAL HISTORY AND PHYSICIAN'S STATEMENT (To be completed annually by Primary Physician)

**TO OUR RIDER:** Please note that this *Medical History Form* requires your physician's input and signature. Make sure you allow your physician adequate time to fill out this form and return it to you, so that you can bring it to Hoofbeats before the start of lessons. **HOOFBEATS MUST HAVE IN HAND THIS COMPLETED AND SIGNED MEDICAL HISTORY FORM BEFORE YOU WILL BE ABLE TO RIDE.**

Participant's Name: \_\_\_\_\_

Address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Name of Parent/Guardian/Adult Caregiver, if any: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ Date of onset: \_\_\_\_\_

\*\*For persons with Down Syndrome:  Negative Cervical X-ray for Atlantoaxial Instability - X-ray Date: \_\_\_\_\_

Negative for clinical symptoms of Atlantoaxial Instability

Tetanus Shot: Yes  Date: \_\_\_\_\_ No: \_\_\_\_\_

Seizure Type: \_\_\_\_\_ Controlled: \_\_\_\_\_ Date of last seizure: \_\_\_\_\_

Medications: \_\_\_\_\_

Precautions for outdoor activities? (Allergies, sun/heat sensitivity, asthma, etc.): \_\_\_\_\_

**Please indicate if patient has a problem and/or surgery in any of the following areas by checking yes or no. If yes, please comment.**

<u>Areas</u>	<u>Yes</u>	<u>No</u>	<u>Comments</u>
Auditory	<input type="checkbox"/>	<input type="checkbox"/>	
Visual	<input type="checkbox"/>	<input type="checkbox"/>	
Speech	<input type="checkbox"/>	<input type="checkbox"/>	
Cardiac	<input type="checkbox"/>	<input type="checkbox"/>	
Circulatory	<input type="checkbox"/>	<input type="checkbox"/>	
Pulmonary	<input type="checkbox"/>	<input type="checkbox"/>	
Neurological	<input type="checkbox"/>	<input type="checkbox"/>	
Muscular	<input type="checkbox"/>	<input type="checkbox"/>	
Orthopedic	<input type="checkbox"/>	<input type="checkbox"/>	
Allergies	<input type="checkbox"/>	<input type="checkbox"/>	
Learning Disabilities	<input type="checkbox"/>	<input type="checkbox"/>	
Mental Impairment	<input type="checkbox"/>	<input type="checkbox"/>	
Psychological Impairment	<input type="checkbox"/>	<input type="checkbox"/>	
Other	<input type="checkbox"/>	<input type="checkbox"/>	

Mobility: Independent Ambulation: Yes  No

Crutches: Yes  No

Braces: Yes  No

Wheelchair: Yes  No

(Cont. on second page)





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### Form 4 - PARTICIPANT'S MEDICAL HISTORY AND PHYSICIAN'S STATEMENT (cont.)

Participant's Name: \_\_\_\_\_

#### PHYSICIAN'S STATEMENT

To my knowledge there is no reason why this person cannot participate in supervised equestrian and outdoor activities. However, I understand that Hoofbeats Therapeutic Riding Center may contact me to discuss this information and will weigh the medical information above against the existing precautions and contraindications. I concur that a review of this person's abilities/limitations by a licensed/credentialed health professional (e.g. PT, OT, Speech, Psychologist, etc.) may be helpful in the implementing of an effective equestrian program.

Physician Name (Please Print): \_\_\_\_\_

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

**The following conditions, if present, may represent precautions or contraindications to therapeutic horseback riding. Therefore, when completing this form, please note whether these conditions are present, and to what degree.**

#### Orthopedic

- Spinal Fusion
- Spinal Instabilities/Abnormalities
- Atlantoaxial Instabilities
- Scoliosis
- Kyphosis
- Lordosis
- Hip Subluxation and Dislocation
- Osteoporosis
- Pathologic Fractures
- Coxas Arthrosis
- Heterotopic Ossification
- Osteogenesis Imperfecta
- Cranial Deficits
- Spinal Orthoses
- Internal Spinal Stabilization Devices

#### Neurologic

- Hydrocephalus/shunt
- Spina Bifida
- Tethered Cord
- Chiari II Malformation
- Hydromyelia
- Paralysis due to Spinal Cord Injury
- Seizure Disorders

#### Medical/Surgical

- Allergies
- Cancer
- Poor Endurance
- Recent Surgery
- Diabetes
- Peripheral Vascular Disease
- Varicose Veins
- Hemophilia
- Hypertension
- Serious Heart Condition
- Stroke (Cerebrovascular Accident)

#### Secondary Concerns

- Behavior Problems
- Age under 2 years
- Age 2-4 years
- Acute exacerbation of chronic disorder
- Indwelling catheter

**Completed form may be sent to:**

Carol Branscome  
Hoofbeats Therapeutic Riding Center  
P.O. Box 979  
Lexington, VA 24450



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## Form 5 - Consent for Release of Information

Client/Participant Name: \_\_\_\_\_

Client/Participant Address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Phone #: \_\_\_\_\_

Please List All Current Primary Care Physicians, Therapists (occupational, physical, speech, or mental health professionals), Special Education Teachers, or other professionals who may have information relevant to the safety, health, training, or goals for this participant in a therapeutic riding program. Use the back of this sheet if necessary for additional information;

Name of Professional	Type of Professional	Address	Phone

I hereby authorize any or all of the above-named professionals to release: medical histories; Physical Therapy, Occupational Therapy and Speech Therapy evaluations, assessments, and program plans; Classroom Individual Education Plans (I.E.P); and psychological/psychiatric histories, diagnoses, and evaluations to: **Hoofbeats Therapeutic Riding Center, Inc.** for the purpose of developing a Therapeutic Riding Program for the client named above.

**(Parents/legal guardians must sign for children under 18, wards of the court, or if legally responsible. Both parents/guardians must sign below if there is joint or shared custody.)**

Date: \_\_\_\_\_ Signature: \_\_\_\_\_  
(Client, Parent, or Guardian)

Print Name: \_\_\_\_\_

Date: \_\_\_\_\_ Signature: \_\_\_\_\_  
(Client, Parent, or Guardian)

Print Name: \_\_\_\_\_

Client Name: \_\_\_\_\_



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### Form 7 - Communicable Diseases Informed Consent

In response to the COVID-19 pandemic, the following procedures are designed to enhance the safety of our clients and our staff.

Please read them carefully and discuss them with us if you have any questions or concerns.

Please, if you don't feel well, do not come and we will do the same for you!

Please delay your visit if:

1. Anyone in your household has been sick or has had a fever in the last 14 days
2. Anyone in your household has traveled outside of the US in the last 14 days
3. Anyone in your household has participated in any large (50) gatherings in the last 14 days

Hoofbeats staff will clean the tack and often touched items as they are used, but please be aware that *we cannot really disinfect the Natural World* and you must assume the risk that you come in contact with a communicable disease while you are here.

Keep in mind that working with 1,000 pound prey animals has risk all on its own.

I am willing to assume the risks inherent in this activity:

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Client/Volunteer Signature

---

Date

---

Parent/Guardian if client is under 18



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### Form 8 - CONFIRMATION OF INTENT TO PARTICIPATE

### HOOFBEATS 2020 LESSON PROGRAM

I intend for myself/my child (name: \_\_\_\_\_) to participate in the following 8-week lesson sessions this year (please check all that apply):

Session 1	June 9 - Aug 1	
Session 2	Aug 11 - Oct 3	
Mini Session	Oct 27 - Nov 17	<input type="checkbox"/> weather permitting

- I have read the Hoofbeats Policies and Barn Rules and agree to the rules.
- I have read the information in the 2020 Letter from the Program Director, and the information related to the amount and payment of required fees.
- I understand that the Hoofbeats office must have in hand a complete set of the client's required paperwork for 2020 before the client may ride.
- I also understand that prior to the start of each 8-week riding session in which a client wishes to participate, Hoofbeats must be in receipt of payment of fees in full. **Any exception requires a special arrangement with the Hoofbeats Treasurer (billing@hoof-beats.com), in advance of the first lesson in which the client plans to ride.**

**By signing this form, I agree to the terms set forth above, and I commit to participation in the program's lesson sessions I have checked above.**

Signature: \_\_\_\_\_

Name: \_\_\_\_\_

Date: \_\_\_\_\_