

P.O. Box 979, Lexington, VA 24450 Ph: (540) 464-3337 e-mail: info@hoof-beats.com Website: www.hoof-beats.com



Letter from the Program Director with important information for all program participants

Dear Parents, Guardians, Riders, and Prospective Clients of Hoofbeats:

Welcome to Hoofbeats! Whether you are new to Hoofbeats or have been with us for many years, we are glad to have you!

Hoofbeats has undergone a wonderful new program for accreditation and will now be operating under these new guidelines along with keeping some of the PATH International guidelines that blend in well with our new Shepherd Academy Certification. You may not notice any changes in your experience at Hoofbeats however you are welcome to come to us with any questions about our new direction.

Due to staffing and space restrictions, group lessons are still not available at this time as we will be scheduling all lessons as private or semi-private for the time being. Please do not come to the barn sick or with potentially sick family members out of respect and for the betterment of us all.

HOURS OF OPERATION: As in prior years, lessons will be offered Tuesday – Saturday. Hoofbeats is CLOSED on Sundays and Mondays. Note as well that NO LESSONS will be scheduled on special event days, or on the day before a major event. Hours for lessons are generally 10:00 a.m.. to 5:00 p.m.. (please note that Hoofbeats cannot operate after dark, and afternoon lessons during the fall session must be scheduled with that in mind.)

LESSON POLICIES: Clients should report to the barn for their lessons each week, according to the schedule agreed upon with the instructor. Lessons will be held even in mildly inclement weather; report for your lesson unless you hear to the contrary or feel free to call and check with Carol at 461-1512. If for any reason Carol or Maria elect to cancel a lesson, they will contact you to reschedule your ride. Please note: in the event that you decide to cancel a lesson, that lesson may be forfeited. We serve so many students, our schedule is extremely tight. Please note as well that Hoofbeats cannot reimburse clients for lost lesson time. Lesson fees are calculated to cover the cost of maintaining our horses for the season; the horses still eat, whether students come to ride or not.

ESPECIALLY FOR NEW CLIENTS (but also for returning clients whose condition has altered):

Perspective clients are encouraged to contact the Program Director and Head Instructor, Carol Branscome, at the Hoofbeats office (540-464-3337) to arrange an interview, and a tour of the facilities. The interview allows Carol to present the program, explain staff qualifications, introduce our "equine staff," and thoroughly answer any questions. It also provides Carol the opportunity to formulate a preliminary assessment of the student's needs, to discuss mutually agreeable options for the lesson schedule, and to explain the required fees. Depending on the type of disability and/or degree of impairment, Carol may feel it important to obtain input from doctors, teachers, and/or therapists, in order to establish realistic goals and lesson plans that will best meet the client's needs. It is for these reasons that clients are encouraged to contact Hoofbeats well ahead of the start of the riding season. An early start also allows the formal registration process (especially the filling out of required forms, and payment of fees), to be completed in a timely manner, prior to the scheduling of lessons.



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IMPORTANT FOR EVERYONE:

No clients, new or returning, will be scheduled to ride until all required paperwork, and checks covering payment of fees, have been received by Megan Hess billing@hoof-beats.com (see list of required forms below, and the attached fee schedule, and check with the Hoofbeats office if you have any questions.)

Reminder to our *returning* **clients and volunteers**: Hoofbeats requires submission of new registration forms <u>ANNUALLY</u>. The required forms must be completed in full and signed and dated appropriately in all designated places. Once again, returning riders will not be scheduled for lessons, and volunteers will not be scheduled to work, until all completed paperwork for the current season has been received by Megan Hess.

You can obtain your forms by:

- calling the Hoofbeats office at 540-464-3337 and arranging to pick them up, or to have them mailed to you, or
- Going online to the Hoofbeats website (www.hoof-beats.com) and clicking on "Forms." The forms, in PDF format, can be downloaded for your use. **FORMS ARE NOW FILLABLE!!**

REQUIRED FORMS: ALL RIDERS must complete the following:

Form no. 1: Participant Registration and Media Release; Form no. 2: Liability and Hold Harmless Agreement; Form no. 3: Authorization for Emergency Medical Treatment; Form no. 4: Medical History: Physician (to be completed by client's primary care physician) We realize that there may be delays in receiving Form #4 however this is a mandatory form that Hoofbeats must have as soon as possible.; Form no. 5: Consent for Release of Information. Hoofbeats may also request that clients submit Form no. 6: Medical History: Therapist(if under the care of a therapist)

ALL VOLUNTEERS (NEW AND RETURNING) must complete the following forms: Form no. 9: Volunteer/Staff Info; Form no. 2; Liability and Hold Harmless Agreement; Form no. 3: Authorization for Emergency Medical Treatment. Each year every volunteer MUST also arrange to attend a training and orientation class. Be sure to check with Hoofbeats for this year's volunteer training schedule.

ADDITIONAL INFORMATION ABOUT FORMS: Be sure to note that the Medical History forms for Physician and for Therapist, nos. 4 and 6 respectively, are to be filled out by the client's medical professionals or educators. It will be the client's responsibility to provide the appropriate medical or educational professionals with these forms in a timely manner. The forms must be back to Hoofbeats preferably before the client's first lesson can be scheduled. Note also that Form no. 5, the Consent for Release of Information, is the document that allows our instructors to consult with those therapists, teachers or counselors that you have indicated could provide Hoofbeats with valuable input on your behalf. On the blanks the form provides, fill in the name of each professional, his or her field (e.g. M.D., P.T., O.T., Spec. Ed., etc.), and the contact information (address and phone.) Be sure to sign and return the form to Hoofbeats promptly, so our instructors can proceed to contact those professionals. Be assured that all forms required by Hoofbeats are considered highly confidential, are kept in files accessed only by our staff, and are consulted solely on a "need-to-know" basis. Hoofbeats operates in the same manner as any professional therapist.



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KEEP HOOFBEATS INFORMED: Throughout the year it is vitally important to appraise Hoofbeats of any changes in a client's condition that could impact his or her ability to ride safely. Changes in physical or mental condition, or changes in medications can have unfortunate consequences for a rider, potentially affecting balance, coordination, stamina, vision, or ability to hear well. Hoofbeats needs to know if a client has experienced an onset of episodic dizziness, headache, asthma, or abnormal blood pressure. An unexpected severe emotional upset in a client's life could lead to behavioral problems. It is the responsibility of the adult client, or the parent or guardian of a minor in our program, to keep Hoofbeats currently informed on any such issues.

HOOFBEATS POLICIES AND BARN RULES: All clients and volunteers will receive a copy of the Hoofbeats Policies and Barn Rules. These policies and barn rules are extremely important for the safety and wellbeing of all program participants and visitors. Read them over carefully and be sure to communicate them to anyone who may accompany you to the barn. EVERYONE will be expected to follow these rules and guidelines. PLEASE KEEP YOUR COPY FOR FUTURE REFERENCE.

IN ADDITION, Hoofbeats clients must be alert to the requirements of the facility. When driving to the Hoofbeats barn, please be mindful of the fact that there is often a great deal of activity (people, animals, vehicles) on the driveway. Drive the approach to the barn slowly and with special care, ever mindful that you could encounter people who are deaf or blind or who have mobility problems. Pedestrians, horses, dogs, cats, chickens and children have the right of way at all times. They may not move out of the way of your car. Please beep for assistance if this is the case and someone will come to help. Parking is at a premium and only allowed in designated areas. Please DO NOT park on the grass.

We've missed everybody! We're looking forward to welcoming you back to another TERRIFIC year! All the Hoofbeats horses are looking forward to the extra attention and treats!

Sincerely,

Carol Branscome Program Director carol@hoof-beats.com



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Fee Schedule for Lessons

The fee for each 8-week riding session is \$320 (\$40 per lesson)

Hoofbeats requires lesson payment in full, in advance of each 8-week session. Checks should be made payable to "Hoofbeats," and mailed to the above address, or brought to the Hoofbeats office during open hours. Please note: **The Hoofbeats Treasurer, Megan Hess, must have your payment in hand before your lessons will be scheduled.** Any request for an alternate payment arrangement must be addressed directly to Mrs. Hess, who can be reached as follows:

Hoofbeats office phone: (540) 464-3337

Email: billing@hoof-beats.com

Full and partial scholarships are available. The office maintains a scholarship waiting list, and recipients will be notified as soon as there are scholarship funds to award. Because of the expense of maintaining the Hoofbeats horses, it is impossible to offer fee waivers. Hoofbeats is truly dedicated to its students, and will make every attempt to find a way for you and/or your children to participate in our program. Let us know how we can work with you.



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Form 1 - Participant Registration and Media Release

** Please note that horseback riding is contraindicated for some conditions/individuals, and Hoofbeats reserves the right to consider each application and deny services to individuals based upon concerns for the applicant's safety and/or the safety of the horses, volunteers, staff, or property owners, or for other reasons. Please refer to Hoofbeats' Policies and Barn Rules for guidelines. **

Client Name:		Date of Birth:	Age:
Street/P.O. Box:		City:	Zip:
Home Phone:	Work Phone:	Cell Phone:	
E-mail:			
Parents or Guardian(s):			
Address:			one:
Adult Caretaker, if any:			Phone:
School or institution presently attending	;:		
In case of emergency contact:			
Or contact:		Phone:	
Consent Choice (c By my selection above, I do/do no Center, Inc. of any and all photographic child/my ward for promotional printed benefit of Hoofbeats Therapeut Professional Association of Therap	t consent to and authorize the use raphs and any other audiovisual, nted material, internet website, e tic Riding Center, Inc., the Thera	e and reproduction by Hoo videotape, or digital media ducational activities, exhil apeutic Riding Association	ofbeats Therapeutic Riding a materials taken of me/my bitions or for any other use for
Date:Signature	of Participant:		
Print Name of Participant:			
Parents or guardians with legal custody	must sign IF participant is under eig	ghteen (18) years of age or ot	herwise under a legal disability.
Date:Signature:			
Print Name:			
Date:Signature:			
Duint Mana			



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Form 2 - Liability and Hold Harmless Agreement

HOOFBEATS THERAPEUTIC RIDING CENTER, INC. WAIVER AND NOTICE

Check One:

Student: Volunteer: Staff: Board Member: I choose to participate in equestrian activities with Hoofbeats Therapeutic Riding Center, Inc. And in order to do so, I agree to the following waiver of liability: I recognize that there are risks inherent in participating in any equine activity, including: 1) the propensity of an equine to behave in dangerous ways which may result in injury or death of the participant; 2) the inability to predict an equine's reaction to sound, movements, objects, persons, or animals; and 3) certain hazards such as surface or subsurface conditions. The undersigned, on behalf of himself/herself (hereinafter himself) and all members of his immediate family and household, and his and their heirs, executors, administrators as assigns, (collectively, the "PARTICIPANT") does hereby forever release and discharge HOOFBEATS THERAPEUTIC RIDING CENTER, INC. and its members thereof, of any and all claims, demands, causes of reaction and liability of any nature, which may arise from or in connection with my participation in equestrian activities at HOOFBEATS THERAPEUTIC RIDING CENTER, INC. The PARTICIPANT hereby agrees to waive and not to assert or bring action at law or in equity or otherwise any claim, demand, cause of action, or liability against HOOFBEATS THERAPEUTIC RIDING CENTER, INC. or its members. Signature: (Must be 18 years of age or older, legally responsible, or parent/guardian must sign) Print name as shown above: Participant's name (if applicable): Street/P.O. Box: City: State: Zip: Home Phone: Work Phone Cell Phone: E-mail:



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Form 3 - Authorization for Emergency Medical Treatment Check One:

Student:	Volunteer: _	Staf	f:Board Member:
Name (of above):			Date of Birth
Address:			Phone:
Preferred Medical Facility:			
Physician's Name:			Phone:
Health Insurance Co.:		ID#:	Group #:
Health Insurance Co.:		ID#:	Group #:
Emergency Contacts:			
Name:	Relation:		Phone:
Name:	Relation:		Phone:
Allergies to Medications:			
Current Medications:			
Secure and retain Release client or medical treatme CONSENT PLAN (Parents/leg	n medical treatment and volunteer records upont. al guardians must signay, surgery, hospitaliza	nd transportation in request to the a for children und ation, medication	nuthorized individual or agency involved in the emergency ler 18, wards of the court, or is legally responsible) n and any treatment procedure deemed "life-saving" by the
Date:Consent Signa	ature:		
Print Name:			
Phone:	Address:		
			ase of illness or injury during the process of receiving services nt emergency aid/treatment is required, I wish the following
Print Name:			
Phone:	Address:		



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Form 4 - PARTICIPANT'S MEDICAL HISTORY AND PHYSICIAN'S STATEMENT (To be completed annually by Primary Physician)

TO OUR RIDER: Please note that this *Medical History Form* requires your physician's input and signature. Make sure you allow your physician adequate time to fill out this form and return it to you, so that you can bring it to Hoofbeats before the start of lessons. HOOFBEATS MUST HAVE IN HAND THIS COMPLETED AND SIGNED MEDICAL HISTORY FORM BEFORE YOU WILL BE ABLE TO RIDE.

Address:	
Name of Parent/Guardian/Adult Caregiver, if any:	
Diagnosis:	
**For persons with Down Syndrome: Negative Cervical X-ray for Atlantoaxial Instability - X-ray Date: Negative for clinical symptoms of Atlantoaxial Instability Tetanus Shot: Yes Date: No: Seizure Type: Controlled: Date of last seizure: Precautions for outdoor activities? (Allergies, sun/heat sensitivity, asthma, etc.): Please indicate if patient has a problem and/or surgery in any of the following areas by checking yes or no. If yes, please comment Areas Yes No Comments Auditory Visual Speech Cardiac	
**For persons with Down Syndrome: Negative Cervical X-ray for Atlantoaxial Instability - X-ray Date: Negative for clinical symptoms of Atlantoaxial Instability Tetanus Shot: Yes Date: No: Seizure Type: Controlled: Date of last seizure: Precautions for outdoor activities? (Allergies, sun/heat sensitivity, asthma, etc.): Please indicate if patient has a problem and/or surgery in any of the following areas by checking yes or no. If yes, please comment Areas Yes No Comments Auditory Visual Speech Cardiac	
Negative for clinical symptoms of Atlantoaxial Instability Tetanus Shot: Yes Date: No: No: Date of last seizure: Date of last seizure: Precautions for outdoor activities? (Allergies, sun/heat sensitivity, asthma, etc.): Please indicate if patient has a problem and/or surgery in any of the following areas by checking yes or no. If yes, please comment Areas Yes No Comments Auditory Visual Speech Cardiac	
Tetanus Shot: Yes Date: No: Seizure Type: Controlled: Date of last seizure: Medications: Precautions for outdoor activities? (Allergies, sun/heat sensitivity, asthma, etc.): Please indicate if patient has a problem and/or surgery in any of the following areas by checking yes or no. If yes, please comment Areas Yes No Comments Auditory Visual Speech Cardiac	
Seizure Type: Controlled: Date of last seizure: Medications: Precautions for outdoor activities? (Allergies, sun/heat sensitivity, asthma, etc.): Please indicate if patient has a problem and/or surgery in any of the following areas by checking yes or no. If yes, please comment Areas Yes No Comments	
Medications: Precautions for outdoor activities? (Allergies, sun/heat sensitivity, asthma, etc.): Please indicate if patient has a problem and/or surgery in any of the following areas by checking yes or no. If yes, please comment Areas Yes No Comments	
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Areas Yes No Comments Auditory Visual Speech Cardiac	
Areas Yes No Comments Auditory Visual Speech Cardiac	
Visual Speech Cardiac	
Speech Cardiac	
Cardiac	
Circulatory	
Pulmonary	
Neurological	
Muscular	
Orthopedic	
Allergies	
Learning Disabilities Learning Disabilities	
MentalImpairment	
Psychological Impairment	
Other	
Mobility: Independent Ambulation: Yes No D Crutches: Yes No D Braces: Yes No D (Cont. on see	



Participant's Name:___

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Form 4 - PARTICIPANT'S MEDICAL HISTORY AND PHYSICIAN'S STATEMENT (cont.)

PHYSICIAN'S STATEMENT				
To my knowledge there is no reason why this However, I understand that Hoofbeats Therap the medical information above against the exiabilities/limitations by a licensed/credentialed the implementing of an effective equestrian process.	neutic Riding Center may consting precautions and contral health professional (e.g. PT	ntact me to discuss thi indications. I concurt	s information and will hat a review of this p	ll weigh erson's
Physician Name (Please Print):				
Physician Signature:	Date:			
Address:	City:	State:	Zip:	
Phone:				
The following conditions, if present, may represent procompleting this form, please note whether these conditions of the	recautions or contraindications t litions are present, and to what d	o therapeutic horseback egree.	riding. Therefore, when	
 > Spinal Fusion > Spinal Instabilities/Abnormalities > Atlantoaxial Instabilities > Scoliosis > Kyphosis > Lordosis > Hip Subluxation and Dislocation > Osteoporosis > Pathologic Fractures > Coxas Arthrosis > Heterotopic Ossification > Osteogenesis Imperfecta > Cranial Deficits > Spinal Orthoses > Internal Spinal Stabilization Devices 	> Aller > Cance > Poor > Recen > Diabe > Perip > Varic > Hemo > Hype > Serio > Strok	er Endurance nt Surgery etes heral Vascular Disease cose Veins	nt)	
Neurologic > Hydrocephalus/shunt > Spina Bifida > Tethered Cord > Chiari II Malformation > Hydromyelia > Paralysis due to Spinal Cord Injury > Seizure Disorders	➤ Age u ➤ Age 2 ➤ Acuto ➤ Indwo Complete Carol Bra	vior Problems under 2 years 2-4 years e exacerbation of chronic delling catheter ed form may be sent to: anscome ts Therapeutic Riding Cent		

P.O. Box 979 Lexington, VA 24450



Client/Participant Name:

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Form 5 - Consent for Release of Information

Client/Participant Address:			
Date of Birth:		Phone #:	
professionals), Special Edu	ncation Teachers, or other progoals for this participant in a	pists (occupational, physical, sp ofessionals who may have infor therapeutic riding program. Use	mation relevant to the
Name of Professional	Type of Professional	Address	Phone
named above. (Parents/legal guaresponsible. Both	rdians must sign for child	eloping a Therapeutic Riding Proresson and Proresson are the course of the course below if there is joint or sh	ert, or if legally
		(Client, Parent, or Guardian)
Print Name:			
Date:Signat	ure:	(Client, Parent, or Guardian)
Print Name:			
	Client	Name:	_



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Form 8 - CONFIRMATION OF INTENT TO PARTICIPATE

HOOFBEATS LESSON PROGRAM

I intend for myself/m	ny child (name:) to participate in the
following 8-week less	sson season(s) this year.		
Please check all attende	ding & S by those applying for	or a scholarship:	
Spring Session	April 11 - June 3		
Summer Session	June 13 - August 12		
Fall Session	August 23 - October 25		
> I have read the Ho	oofbeats Policies and Barn R	ules and agree to the ru	les.
> I have read the intamount and paym		the Program Director, a	and the information related to the
> I understand that the before the client in		ve in hand a complete s	et of the client's required paperwork
Hoofbeats must b	e in receipt of payment of feats Treasurer (billing@hoof	es in full. Any exceptio	n which a client wishes to participate, n requires a special arrangement ce of the first lesson inwhich the
	m, I agree to the terms set fave checked above.	orth above, and I com	mit to participation in the program's
Signature:			
Name:			
Date:			
Current Mailing Add	dress:		
City:		State:	Zip:
Indicate which session	on(s) a scholarship will be ap	plied: (SPR/SUM/FAL)) <u> </u>